



**FSEM ASC 2021 – Exercise is Medicine – Friday 17th September, 2021
8.30 – 18.00**

Cancer & Exercise - 14.45 – 16.00

Mr Thomas McCabe, National Manager, Siel Bleu



Thomas joined Siel Bleu Ireland in February 2013 and stepped into the role as National Manager in May 2014. In that time, Siel Bleu Ireland has grown from an organisation delivering services to 750 per week, to 6,500 people per week and developed community based programmes for people living with COPD, Stroke, Cancer and Parkinsons. Previous to joining Siel Bleu Ireland, Thomas worked in Waterford Institute of Technology as Sport Scholarship Coordinator.

Dr Emer Guinan, Faculty of Health Sciences, Trinity College Dublin



Dr Emer Guinan is an Assistant Professor in the School of Medicine with responsibility for the Interprofessional Learning programme for the Faculty of Health Sciences. Her main research interest is in the role of exercise and physical activity in ameliorating treatment side effects and optimising survivorship for patients with cancer. Her work considers both the therapeutic and the physiological impact of exercise programmes. She has a particular interest in the role of exercise for patients with complex cancer presentations including patients with cancer of the gastrointestinal tract and those with advanced disease. She has been awarded >€1.6 million in research funding as either principle investigator or co-applicant from external peer-reviewed grants (Health Research Board, Irish Cancer Society, Medical Charities Research Group), external research bursaries (Irish Society of Chartered Physiotherapists) and internal competitions from the Faculty of Health Sciences, Trinity College. She has published over 50 peer reviewed publications and 1 book chapter.

Professor Kristin Campbell, Associate Head Research Medicine, Dept of Physical Therapy, University of British Columbia, Vancouver



Kristin Campbell, BSc, PT, PhD is a licensed physical therapist and a Professor in the Department of Physical Therapy at the University of British Columbia. She also holds an appointment in the Cancer Control Program at the BC Cancer Research Centre.

Prof Campbell's research is focus on exercise rehabilitation in oncology. She examines the impact of physical activity and structured exercise to improve the management of common side effects of cancer treatments and clinically relevant outcomes, such as ability to receive the planned chemotherapy dose. Her work spans research designs from feasibility testing to implementation studies in collaboration with clinical and community partners

Her research has been funded by the Canadian Cancer Society Research Institute, Canadian Institutes of Health Research and Michael Smith Foundation for Health Research and others. She has given over 60 invited talks to national or international audiences and published over 135 peer reviewed publications (H-index 43). She is the co-lead of the 2019 exercise guidelines for cancer survivors from the American College of Sports Medicine and in 2020 received a Distinguished Achievement Award for Overall Excellence Mid-Career from the Faculty of Medicine at UBC.

She is also a member of the Oncology Division of the Canadian Physiotherapy Association and a Fellow of the American College of Sports Medicine. She is associate editor for Physical Therapy, the journal of the American Physical Therapy Association, and the Translational Journal of the American College of Sports Medicine (TJACSM).

To Register – Click [HERE](#)

Recording of the webinar will be available to view for 6 months after the event, via Medcafe.

For further details, please contact: Ms Annemarie Creighton,
Faculty of Sports and Exercise Medicine, RCSI House, 121 St Stephen's Green, Dublin 2.
Tel: 01- 402 2382 – e-mail: sportsfac@rcsi.ie