



**FSEM 20<sup>th</sup> Annual Scientific Conference**  
**“Exploring Future Frontiers in Sports & Exercise Medicine”**  
**Royal College of Surgeons in Ireland (RCSI, Onsite)**  
**Friday 13<sup>th</sup> Sept 2024 – 07.00 – 18.00**

**SPEAKERS BIOS:**

***Ms Cólleen Devine – Director of Anti-Doping, Sport Ireland***



Cólleen is the Director of Anti-Doping in Sport Ireland. With over 10 years’ experience in the sports sector, Cólleen is currently responsible for the oversight and development of testing, research, intelligence, and education. Cólleen is a graduate of IT Tralee (now Munster Technological University) with a degree in Health & Leisure Studies, and has previously worked in the Sport Ireland Participation Unit supporting the national network of 29 Local Sports Partnerships, management of the Dormant Accounts Fund, and European Week of Sport.

***Professor Madya Dr Farrah Hani Imran - Senior Lecturer & Consultant Surgeon, UKM PhD (Ireland) AMM (Malaysia) MS (Plast Sur), MRCS (Ireland) MBBCh BAO LRCPI&SI (Ireland)***



Prof. Madya Dr Farrah-Hani Imran is the first Malaysian national athlete to receive the surgical Professor Madya title from National University of Malaysia (UKM) and PhD from University College Dublin, Ireland. She is currently a Senior Lecturer & Senior Consultant Plastic Surgeon in UKM; responsible for Academia, Administration, Medical Education, Research and Clinical Work. She was the Head of Plastic and Reconstructive Surgery & Burns Unit in UKM, and has authored multiple academic books & journal publications.

Prof. Madya Farrah-Hani graduated from the Royal College of Surgeons, Ireland (RCSI) with the Association of Graduates Medal, the first Malaysian recipient, followed by a career in surgery, sports and highly regarded educator. Prof Farrah is also the first Malaysian to receive the Constable Fellowship Award from the American Association of Plastic Surgeons, Her World Youth Woman of the Year, and IWF-EY WABN Class of 2018 by EY & IWF Leadership Foundation.

Prof. Madya Farrah-Hani actively advocates ethics, principles, integrity, courage and is a mental strength activist among colleagues and students, striving for inclusivity, awareness and empowerment of enthusiastic, mature-minded members of global society.

***Dr John Sheehan – Consultant Radiologist, Blackrock Health, Dublin***



John is a Consultant Radiologist whose expertise transcends medical imaging, reaching into the vanguard of digital health innovation and transformative healthcare leadership. With fellowships at Northwestern Memorial Hospital in Chicago, John's clinical acumen is matched by his strategic roles at Blackrock Health, Dublin, Mobile Medical Diagnostics (MMD), and xWave Technologies.

As a regular invited keynote speaker, John addresses pivotal topics around healthcare and technology, including data, cybersecurity, and the legal and ethical dimensions of medical practice. This role underscores his position as a thought leader, influencing the discourse on how technology can be harnessed to advance healthcare while navigating its complexities with integrity.

Co-chairing the American Irish Medical Summit with Prof. Peter Naughton and the Digital Health Symposium at the UNGA in NY alongside Prof. Martin Curley, John spearheads international



healthcare dialogues. His leadership roles as Clinical Director at MMD, Clinical Advisor at xWave, and Vice Chair of Ireland's Digital Health Association with Prof. Curley, highlight his commitment to AI-driven diagnostic advancements and the betterment of community healthcare.

Inspired by visionaries like Michael Dowling, John champions a healthcare ethos centered on accessibility, equity, and integration. His contributions to MMD and xWave are a testament to his dedication to leveraging digital innovations to remove patient care barriers and drive transformative change.

John's leadership style is marked by an unwavering commitment to innovation and a solution-focused approach. He is deeply invested in mentorship, nurturing a culture of disruptive thinking and compassionate action among emerging healthcare professionals.

#### ***Dr Jack Hickey – Assistant Professor in Sport Science, Maynooth University***



Jack joined Maynooth University in April 2023 as Assistant Professor in Sport Science. Prior to joining Maynooth University, Jack held academic roles in Sport Science and Exercise Physiology at the Australian Catholic University (ACU) as Lecturer from 2019 to 2022 and Senior Lecturer in 2023. Jack has also been a member of the Sports Performance, Recovery, Injury and New Technology (SPRINT) Research Centre at ACU since its inception in 2021.

Between 2015 and 2018, Jack completed his PhD thesis titled 'Hamstring strain injury: objective assessment tools and exercise progression during pain-threshold rehabilitation' at ACU under the supervision of Associate Professor David Opar. Jack received the 2019 Exercise and Sport Science Australia (ESSA) Medal for best PhD thesis in the field of Exercise and Sport Science. Jack was also awarded as Best Young Investigator in Sport Science at the 2018 ESSA Conference and won the ASICS Medal for Best Overall Scientific Paper at the 2017 Sports Medicine Australia Conference. Jack completed his Master of Clinical Exercise Physiology at Deakin University from 2011 to 2012 and Bachelor of Applied Science in Human Movement at RMIT University in Melbourne from 2008 to 2010, where he was awarded as top student in each year of study.

In addition to his academic career, Jack has worked as an ESSA Accredited Exercise Physiologist since 2012, specialising in clinical assessment and exercise rehabilitation for sports injuries and musculoskeletal conditions. Jack continues to provide consultancy services for athletes from elite to recreational levels recovering from hamstring injuries and anterior cruciate ligament reconstruction surgery.

#### ***Dr SarahJane Cullen – ISESA - PhD MSc BSc***



SarahJane is an Associate Professor in Sport & Exercise Physiology in the School of Health & Human Performance in Dublin City University (DCU). She is a Performance Physiologist with Sport Ireland Institute, having worked with athletes in preparation for Tokyo and more recently Paris Olympic and Paralympic Games. She coordinates the jockey research programme in conjunction with The Irish Horseracing Regulatory Board. SarahJane is Vice Chair of the Irish Sport and Exercise Sciences Association (ISESA). She is an ISAK-accredited anthropometric instructor (Level 3). SarahJane's research interests include: 1) Physiological and psychological impacts of making weight in weight category sports, 2) Female athlete health and performance 3) Body composition assessment in athletes. SarahJane was Tournament Nutritionist for the Women's Rugby World Cup in 2017. She was also part of Team Ireland's sport science team at the holding camp for Team Ireland at the Olympic Games in Rio 2016 and London 2012.



**Ms Lynn Allen – Programme Co-ordinator, Athletic & Rehabilitation Therapy Ireland (ARTI)**



Ms Lynn Allen is the Programme Co-ordinator, Lecturer and Placement Co-ordinator on BSc in Athletic & Rehabilitation Therapy. Lynn has a BSc in Sport Rehabilitation and Athletic Therapy a Masters in Exercise Physiology from Trinity College Dublin. Lynn is currently undertaking her Professional Doctorate in Elite Performance (Sports) in Dublin City University, examining metacognition in Athletic Therapy education. Lynn has completed her Level 9 Postgraduate diploma in Teaching and Learning.

Lynn is a Certified Athletic Therapist and President of Athletic and Rehabilitation Therapy Ireland (ARTI) since September 2022, having previously sat on the board and acted as Vice Secretary and Ethics Chair from 2018. Lynn is also Vice Chair of the Education and research committee of the World Federation of Athletic Training and Therapy. Lynn’s research interests include athletic therapy education, metacognition, clinical reasoning skills, reflective practice and psychology of sport injuries.

**Ms Sarah-Jane McDonnell – MPhyt (Sports) MISCP - Head of Rehabilitation, Sport Ireland Institute, National Sports Campus, Dublin 15**



Graduated from Trinity College Dublin with a BSc Hons in Physiotherapy in 1998. Subsequently practiced physiotherapy in Ireland, New Zealand and Australia before completing a Masters in Sports Physiotherapy from the University of Queensland, Australia in 2004.

Completed a Masters in Exercise Science in Strength and Conditioning in 2011. In 2019 completed a Postgraduate Certificate in Leadership for Not for Profit Organisations. Currently Head of Rehabilitation in Sport Ireland Institute. Over 15 years experience working in Olympic sport predominately in rowing and swimming. Has an extensive background in leading cross discipline teams in rowing, swimming and badminton.

Research interests in REDs and Low Back Pain in rowing. Was a member of Team Ireland at the 2008 Beijing Olympics, the 2012 London Olympic and Paralympic Games and Rio 2016 Olympics. In 2018 also provided games support at Peongchang Winter Olympics. Performance Support Lead, Physiotherapy for the Tokyo and Paris Olympic Games, Team Ireland.

**Dr Frank O’Leary - MB BCh BAO FFSEM MFSEM(UK) MICGP MSc(Sports & Exercise Medicine), Dip MSK Injury & Management, MSc(Clinical Education), DCH, DPD, DRCOG, PGCert (MSK US)**



Dr Frank O’ Leary is a Consultant in Sports & Exercise Medicine working at the UPMC Sports Surgery Clinic in Dublin. He recently completed the London higher speciality training programme in Sport & Exercise Medicine.

Dr O’Leary graduated in medicine from University College Dublin in 2007. He subsequently completed the Trinity College Dublin General Practice training programme in 2012. He then practiced as a GP with a special interest in Sports & Exercise Medicine while obtaining roles as Medical Officer with the Sport Ireland Institute and assistant programme director for the TCD/HSE Specialist training scheme in General Practice. In 2019 Dr O’ Leary moved to the UK where he initially worked in Rehabilitation Medicine before obtaining a place on the London Sports & Exercise Medicine Training programme in 2021. During his training Dr O’Leary qualified in diagnostic musculoskeletal ultrasound with post graduate qualifications from the University of East London and AECC University in Bournemouth.



Dr O’Leary has extensive experience in elite and international sport as a team physician in rugby, athletics and football. He has previously worked as team doctor to the Ireland Women’s rugby team from 2017 to 2019, team doctor to London Irish RFC in 2022. He has acted as Chief Medical Officer to Team Ireland at the European Youth Olympic Festival in Azerbaijan in 2019 and was a member of the Team Ireland medical support for the Tokyo 2020 Olympics. He acted as team doctor to Tottenham Hotspur FC youth teams last season.

Frank has a keen interest in medical education and has undertaken an MSc in clinical education. His research interests include concussion in contact sports and illness prevention in elite athletes.

**External CPD Credits will be awarded by FSEM.**

For further information please contact Faculty office at [sportsfac@rcsi.ie](mailto:sportsfac@rcsi.ie) or Annemarie directly on [annemariecreighton@rcsi.com](mailto:annemariecreighton@rcsi.com) or on 01 402 2382.

