

FSEM 20th Annual Scientific Conference – RCSI (Onsite)
'Exploring Future Frontiers in Sports & Exercise Medicine' - Friday 13th Sept, 2024

Abstract Submission Guidelines

***Research presentations may address any topic related to Sports and Exercise Medicine.
We welcome abstracts on recently completed projects, projects in progress or in planning.***

To be considered eligible all abstracts must:

- Be unpublished original work and not previously presented
- The abstract must not be identical to any that has been previously published
- Be submitted in English

Categories for submission are:

- A. Exercise Medicine
- B. Sports and Exercise Science
- C. Sports Medicine and Surgical Management
- D. Rehabilitation and Injury Prevention

When submitting your abstract please ensure:

- It is submitted in pdf format
- It is under the 400 word limit (excluding title)
- Ensure it contains the four following headings:
 - **Introduction** should reflect a rationale / why you did this work. A clear aim/ objective of the study should be outlined.
 - **Methods** should be a brief explanation of what was done and how it was done. This may include design, participants, data collection or a brief explanation of what you did or protocol used if a systematic review.
 - **Results** describing the main findings or outcomes and include data. Do not submit an abstract based on data yet to be collected or analysed.
 - **Discussion** defines what the results mean in terms of the background knowledge or practice. Compare and contrast with the current evidence or context. The clinical implications of this study should be described.
- Include a maximum of 3 references
- Abstracts will not be eligible if no results are presented
- Abstracts will be reviewed by both researchers AND clinicians. Points will be awarded for scientific rigour, originality, clarity and clinical relevance.

Key dates:

5th August: Abstract submission OPEN

19th August: Abstract submission deadline

26th August: Notification of decision sent to authors

The **top 6 judged abstracts will compete in a plenary session competition** in the main auditorium at **16.00**. The judges will determine the winner of the competition, who will be awarded the ***Moira O'Brien medal!*** All other accepted abstracts will be awarded a poster presentation. A prize for best poster will also be awarded.