

Job Specification: Sports Medicine Doctor**Location:** UPANDRUNNING, Dubai**Reports to:** CEO**Our Goal**

UPANDRUNNING is committed to providing unrivalled clinical expertise, enabling our patients to achieve their active goals, overcoming limitations caused by pain, immobility, or illness. We strive to stay at the forefront of medical innovation to deliver exceptional care.

Position Overview

We are looking for a visionary Sports Medicine Doctor—someone who is not just skilled but driven to revolutionize patient care through cutting-edge medical technologies and progressive treatment strategies. This role calls for clinical excellence, an insatiable thirst for continuous learning, and the ability to inspire and collaborate within a high-performing multidisciplinary team.

At UPANDRUNNING, we are leaders in sports and rehabilitation medicine, dedicated to helping individuals achieve their peak physical potential. With state-of-the-art facilities, a reputation for clinical excellence, and a culture of innovation, we pride ourselves on delivering comprehensive, patient-centred care. If you're passionate about pushing boundaries, shaping the future of sports medicine, and making a lasting impact on patients' lives, UPANDRUNNING is where you belong.

Key Responsibilities

- **Diagnose, Treat, and Manage Musculoskeletal Conditions:** Provide expert care in the diagnosis, treatment, investigation, and management of a wide range of musculoskeletal complaints, ensuring personalized treatment plans that optimize patient outcomes.
- **Patient-Centred Diagnostic Investigations:** Organize, coordinate, and follow up on external diagnostic investigations, ensuring timely and accurate reporting to support effective patient management.
- **Comprehensive Fitness Assessments:** Perform detailed fitness assessments and medical evaluations tailored to individual needs, enhancing athletic performance and overall well-being.
- **Serve as Medical Director (DHA):** Act as the designated Medical Director for DHA purposes, ensuring full compliance with regulatory standards and contributing to the highest level of clinical governance.
- **Brand Ambassador:** Represent and promote **UPANDRUNNING's** values, vision, and services, fostering strong relationships with the community, healthcare partners, and stakeholders.

- **Clinical Service Development:** Drive the development of new clinical services and manage existing service lines, focusing on innovation, quality improvement, and achieving operational excellence.
- **Interventional Procedures:** Perform advanced interventional procedures both in clinics and local hospitals, including minimally invasive techniques to support optimal patient recovery.
- **Community Engagement:** Collaborate actively with local schools, sports teams, and clubs, providing medical support, educational workshops, and promoting sports health and safety.
- **Continuous Professional Development:** Train in new procedures and techniques, including spinal injections, shockwave therapy, PRP injections, and other cutting-edge interventions to stay at the forefront of sports medicine.
- **Educational Leadership:** Teach and present at national and international educational events, sharing expertise to influence the future of sports medicine.
- **Clinical Governance and Development:** Attend clinic meetings, participate in clinical education sessions, and contribute to continuous service development initiatives.
- **Mentorship and Staff Development:** Support, mentor, and train medical staff, colleagues, and students to build a culture of excellence, teamwork, and professional growth.
- **Sports Event Coverage:** Provide expert medical coverage for high-profile sporting events, ensuring athlete safety and optimal performance outcomes.
- **Global Networking:** Liaise and collaborate with specialists and therapists regionally and internationally, fostering knowledge exchange and best practices.
- **Commitment to Excellence:** Uphold a commitment to achieving a **100% patient satisfaction rate** through compassionate care, clinical expertise, and continuous quality improvement.
- **Injury Management:** Diagnose, treat, and manage sports-related injuries, including sprains, strains, fractures, and overuse injuries, ensuring rapid recovery and safe return to activity.
- **Injury Prevention & Education:** Provide education on injury prevention, nutrition, and safe exercise practices to athletes and non-athletes, promoting long-term health and performance.
- **Event Medical Support:** Deliver expert medical care during sporting events, advising on return-to-play decisions and ensuring athlete safety.
- **Multidisciplinary Collaboration:** Work closely with athletic trainers, physical therapists, and other healthcare professionals to develop comprehensive treatment and rehabilitation plans.
- **Research & Innovation:** Engage in research activities to advance sports medicine practices, contributing to the implementation of evidence-based treatments.

- **Lifelong Learning:** Participate in continuous professional development to stay updated on advancements in sports medicine, ensuring the highest standards of care.

Key Performance Indicators

- Achieve and maintain a 100% patient satisfaction rate through quality care, effective communication, and positive patient outcomes.
- Ensure at least 95% of patients meet their recovery goals within the expected timeframe based on evidence-based treatment plans.
- Complete diagnostic investigations and provide follow-up results within 48 hours for 90% of cases.
- Maintain a success rate of 98% for interventional procedures with minimal complications or adverse events.
- Participate in a minimum of 6 community outreach programs, workshops, or events annually to promote sports health awareness.
- Launch at least 2 new clinical services or innovations annually, aligned with UPANDRUNNING's strategic goals.
- Complete a minimum of 20 hours of continuous medical education (CME) annually, including training in new techniques and procedures.
- Conduct at least 4 internal training sessions or workshops for staff development annually.
- Provide medical support for a minimum of 10 high-profile sporting events per year with positive feedback from event organizers.
- Contribute to at least 2 research projects or peer-reviewed publications annually to support advancements in sports medicine.
- Attend and actively participate in at least 90% of scheduled clinic meetings and multidisciplinary case reviews.
- Ensure 100% compliance with DHA regulations, including timely documentation, audits, and clinical governance requirements.

Qualifications

Professional Requirements

- Consultant in Sports and Exercise Medicine or GP with a Special Interest in Sports Medicine.
- Fellow or Member of a Faculty of Sports and Exercise Medicine or Royal College.
- Diploma or MSc in Sports and Exercise Medicine (or equivalent MSK training) with more than 4 years of post-qualification experience.

Preferred Requirements

- Minimum 5 years' experience as a Sports Medicine Consultant.
- Experience in diagnostic ultrasound scanning.
- Proficiency in ultrasound-guided minimally invasive procedures.

- Prior experience working with sports teams and at sporting events.
- Trainer or educator with lecturing and presenting experience.
- High-level involvement in a specific sport, either as an athlete or covering clinician.
- Expertise in performance testing.
- Demonstrated leadership in developing new service lines.

Skills & Competencies

- **Achievement Drive:** Strong desire to achieve goals, maintain high standards, and overcome challenges to deliver business results.
- **Adaptability:** Ability to respond effectively to change, embrace new ideas, and support continuous improvement initiatives.
- **Communication:** Strong verbal and written communication skills, with the ability to engage effectively with diverse audiences.
- **Concern for Quality:** Commitment to maintaining high-quality standards in clinical practice, with a keen eye for detail.
- **Networking:** Ability to build and maintain professional relationships, both internally and externally, enhancing the clinic's reach and reputation.

Work Environment

- Outpatient clinical setting with regular interaction with patients, nursing staff, and healthcare professionals.
- Occasional extended hours for sporting events, training sessions, or emergencies.
- Collaborative, multidisciplinary team environment.

Contract & Package Details

- Competitive salary.
- Comprehensive health insurance.
- Medical indemnity coverage.
- Minimum 2-year contract with potential for extension.
- 24 working days of annual leave.
- 7 working days of study leave.

Contact Details

For inquiries or to express interest, please contact our HR Department:

- **Phone:** +971 4 518 5400
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Join us at UPANDRUNNING and be part of a team dedicated to excellence, innovation, and transforming sports medicine care.