

Faculty of Sports and Exercise Medicine, RCPI & RCSI

## Higher Specialist Training Programme in Sports and Exercise Medicine (HST SEM)

### HST SEM Scoring System - (100%) TOTAL MAXIMUM SCORE

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#### **Professional Development**                      **50% maximum**

#### **Clinical Experience**                                      **25% maximum (\*)**

- 3%     Structured Reference Forms (x 3)
- 10%    Relevant Clinical Experience with Teams / Sport Environment
- 5%     Relevant Technical Skills Courses (*see appendix*)
- 7%     Validated logbook / consolidated sheets (best 25 cases)

#### **Research & Academia**                                      **25% maximum (\*)**

##### Higher degrees relevant to SEM training (awarded):

- 15%    PhD
- 12%    MD
- 10%    MCh
- 8%     Other postgraduate degrees
  
- 5%     Postgraduate degree submitted to a university but not yet awarded  
          OR  
          Diplomas (related to Sports & Exercise Medicine)
  
- 2%     Diplomas (not related to Sports & Exercise Medicine)

##### Publications:

- 25%    Published Research: Scoring weighted according to authorship and journal impact factor, to a maximum of 25%
  
- 5%     Presentations
  
- 5%     Research Prizes / Research Grants
  
- 1%     Case report

**(\*) some candidates may max out in this category; if this is the case, they will score 25%.**

##### **NB:**

- 1) Please note that there is no score allocated for the MSc in Sports and Exercise Medicine**
- 2) Applicants must score a minimum of 5% in the Research & Academia category to be eligible for short-listing**

#### **Interview**    **50% maximum**